

### Newsletter of the

# Kirkwood-Webster Groves Branch Founded April 1971 ~ Celebrating 53 Years!

2023-2024, No. 7, February 2024

**AAUW Mission:** *AAUW advances gender equity for women and girls through research, education, and advocacy.* **AAUW Vision:** *Equity for all.* **AAUW Values:** *Nonpartisan, fact-based, integrity, inclusion, and intersectionality.* 

AAUW is open to graduates who hold the associate, baccalaureate, or higher degree from a qualified college or university.

The Kirkwood-Webster Groves Branch of AAUW supports the full range of the AAUW mission through its monthly program meetings, special interest groups, and public outreach events, by engaging in social action, collaborating with local organizations and educational institutions regarding AAUW topics, and supporting area young women and girls directly. We are one of five branches in the St. Louis, MO, area that comprise the AAUW Metro St Louis Interbranch Council (IBC).

### Branch Officers, 2023-2024 Co-President:

Jeanne Webdell 573-751-0943 jeannewebdell@gmail.com

#### Co-President:

Lynne Roney 314-223-3426 roneyeditorial@gmail.com

### **Program Vice President:**

Kay Meyer 314-962-7487 kicmeyer51@gmail.com

#### Membership Vice President:

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### Finance Vice President:

Carol Davis McDonald 314-623-1847 davis-mcdonald@outlook.com

### Secretary:

TBD

https://kwg-mo.aauw.net/

# FEBRUARY MONTHLY PROGRAM Thursday, February 15, 2024 6:30 pm social, 7:00 program via Zoom

### **Gun Violence Prevention**

Speaker: Rev. Mary Haggerty



Rev. Haggerty leads the Gun Violence Prevention Advisory Committee team for the Episcopal Diocese of Missouri. The committee focuses on promoting gun safety, legislative advocacy, and education. She is on a mission to raise awareness and help bring an end to gun violence in our communities.

Rev. Haggerty was ordained a priest in July 2020 and now serves as a supply priest for the Diocese of Missouri. She has worked in the area of gun violence prevention for the past ten years. Rev. Haggerty serves as the interim priest at Grace Episcopal Church in Kirkwood. She lives in Richmond Heights with her husband, Bill. The couple has four grown children and six grandchildren. "My children went to school in the town next to Columbine and were on lockdown that day," Rev. Mary said. "I will never forget visiting the memorial at a park near Columbine High School just after the shooting. That was an anomaly. How can we accept that school shootings are now just a part of life in the U.S.? I can't. And so I work to change and pray for peace."

Join Zoom Meeting: <a href="https://us02web.zoom.us/j/85163413259?">https://us02web.zoom.us/j/85163413259?</a>
<a href="pwd=U0l6Vnc1Vkp6azBQRFBSUUI2SFFzUT09">pwd=U0l6Vnc1Vkp6azBQRFBSUUI2SFFzUT09</a>
<a href="Meeting ID">Meeting ID</a>: 851 6341 3259 Passcode: 690582

### Calendar

reb	Black History Month
Feb 5	Art contest voting begins
Feb 6	Expressions Group, 12:30, pg 5
Feb 13	Internat'l Rel. Lecture, 10:45, pg 6
Feb 15	K-WG branch meeting
Feb 24	Legislative Retreat via Zoom, pg 4
Feb 25	Adelante Book Group, 1:30, pg 5
Feb 26	Movie group, 7 pm, pg 6
Feb 27	IBC quarterly mtg via Zoom, 7 pm

March Women's History Month

Mar 8	International Women's Day
Mar 12	Interna'l Relations lecture, 10:45 am;
	Equal Pay Day
Mar 23	IBC annual spring luncheon at Cater-
	ing2You, 11 am
Mar 27	Virginia Minor's 200th birthday
Mar 28	Adelante book group, 1:30 pm, Zoom
Apr 5	National AAUW elections voting opens (online voting is encouraged,

May 30-Jun 1 NCCWSL, DC metro area

every member votes, through 5-15)



Veanne

## Changing for Inclusion

Have you ever hesitated to ask a friend to a branch meeting because you didn't know if they met the degree requirements for membership? Or have you ever wanted to invite someone to become a part of AAUW but wondered if they qualified for membership? Have you ever thought about how AAUW *emphasizes Diversity, Equity, and Inclusion,* while at the same time



Lynne

our qualifications for membership discriminate? Don't you think it's time we changed those membership qualifications to match our values?

The national AAUW board recommends that we open membership to any individual who supports AAUW's important mission of advancing equity for women and girls. Under the proposed bylaws changes, the educational requirements will be eliminated.

The same board notes that changing our membership practices will allow members with diverse backgrounds and perspectives to participate and help achieve our purpose of equity for women in today's world. Everyone is needed to reach that goal.

In the spring of 2021, this same amendment to drop the degree requirement for AAUW membership was on the ballot. Nationally, only 22.85% of the members voted (8% of national members, 28.67% of branch members), but 63% of the voters approved the amendment. While this was a solid majority of the voters, it fell short of the 2/3 (66.7%) vote required to pass an amendment to the bylaws. Once again, two-thirds of the people who vote must approve of the change. In 2021 54% of the Kirkwood-Webster Groves Branch voted, and of those voters 79% approved the amendment.

The 2024 theme for International Women's Day on March 8th is **INSPIRE INCLUSION**. A better world can be forged by inspiring others to understand and value women's inclusion. A better world can be achieved when women themselves are inspired to be included and feel a sense of belonging, relevance, and empowerment.



Changing our membership qualifications can help to INSPIRE INCLUSION!

The voting will begin on April 5, and each member should receive an individual email from vote@simplyvoting.com. Consider adding this address to your email list to ensure your ballot does not go into spam. Voting will close on May 15. Provisions are being made for those without email addresses to vote.

Watch for your ballot. Stop discrimination. INSPIRE INCLUSION.

Teanne and Lynne



### E.R.A.

December 13, 2023, marked the **100th anniversary** of the Equal Rights Amendment's first introduction in the U.S. House of Representatives.

As a founding partner of the ERA Coalition's National Strategy Task Force, AAUW

marched alongside the ERA Coalition and partners in Washington, DC, to call on Congress to affirm the ERA and for President Biden to <u>instruct the Archivist</u> to publish the ERA as the 28th Amendment to the U.S. Constitution. Watch the <u>Task Force's video</u> featuring AAUW CEO Gloria L. Blackwell.

### MEMBERSHIP NEWS

MEMBERSHIP MATTERS

Debbie McWard

- → Probably the best news is that national is not increasing membership dues this year. And from now on, your renewals will be based on the anniversary of the date you last renewed (or joined). If you need that information, I can give it to you when I am sure our records agree with the national database. Since most of you are familiar with the old deadline of June 30, it will help us in record-keeping to continue to use that date. If you renew online, you should be credited as soon as you hit the "submit" prompt. And you'll receive an immediate printable receipt. If you prefer to pay by check, please know it will take much longer to process the renewal; so plan accordingly. There will be a renewal form in an upcoming newsletter.
- → We are pleased to have added two new members this year: **Lesli Moylan** and, recently, **Nelda Carlisle-Gray**. In her short membership, Lesli has hit the ground running with us, not only by being our November program speaker, but also by encouraging us to do a branch project.

Anelda Carlisle Gray has just joined our branch. She has been an AAUW member since 1987. I think Jeanne had a hand in bringing her to us. What an interesting, activist woman she is! I asked her give us some information about herself; and I don't want to edit it, but the newsletter may not be long enough to cover her activities.

First of all, she is retired as a manager from AT&T and also retired as a case manager at the Hyland Behavioral Home. Volunteer activities, and I will assume these are simply current ones, include being on the task force for Heart to Heart Tutoring, The task force for Kirkwood for Everyone, the member task force for Kirkwood United methodist Church Racial Justice Committee, as well as the Inclusive Ministry. Nelda states she is for systemic equality for all people.

- → Personal membership invitations are the best way to introduce people to our branch, so don't hesitate to promote our branch whenever possible. Remember, too, if a person joins at one of our events, she is eligible for a half-price national membership.
- → If you become aware of a member going through health issues or a loss, please let one of the officers know, so we can support her. And please attend our branch meetings. And read your newsletters to stay up to date on our happenings.



As you know, Kirkwood-Webster Groves Branch provides three \$500 STEM scholarships every spring to graduating high school women who are planning to major in a STEM field. We continue to search for ideas to raise money for the scholarships. Some members have opted to donate directly to our branch STEM fund (by writing a check to AAUW KWG, STEM scholarship in the memo line). However, we still sell pecans as a fairly good way to raise funds.

By way of other organizations' fundraising, we came across Rada Fundraising. It seems to be an easy way to raise a few dollars at 40% profit. Their products last and have been around for a long time. They are 100% American made and make a nice addition to your kitchen or pantry or as gifts. We have a couple of paper catalogs to peruse, but you can also shop online at <a href="https://radafundraising.com/pages/select-your-fundraising-group/">https://radafundraising.com/pages/select-your-fundraising-group/</a> and entering AAUW and MO in the appropriate boxes and clicking on Search. This will take you to: <a href="https://radafundraising.com/?rfsn=7746743.077a60">https://radafundraising.com/?rfsn=7746743.077a60</a>. Also, at the bottom of their web page, you can click on Support a Fundraiser in the Menu column.

The new year is an opportunity for both new and continuing resolutions, including our 2024 commitment to you.



This year AAUW will:

- → Continue fighting for all women to achieve economic self-sufficiency through pay equity and paid family leave policies.
- → Advocate for a strengthened *Title IX* and a strong system of public education that promotes gender fairness, equity, and diversity.
- → Pursue policies that advance full access to civil rights for a diverse society.

### **AAUW and AAUW MO**



### 2024 Virtual AAUW Missouri

# LEGISLATIVE RETREAT

When: February 24, 9-11 a.m. via ZOOM

Join with leaders from seventeen organizations who have strong advocacy positions and who work to influence Missouri Legislative action.

The Legislative Retreat allows Missouri organizations with common missions to share their activities with others at this free public event. Speakers will give a brief overview of their organization and an explanation of their main legislative priority, along with the bill number, title, and author of two bills they would like us to monitor.

### Typical legislation being followed includes bills affecting:

- Gender Pay Equity & Economic Justice Issues
- FRA
- Book Bans & Educational Issues
- Sensible Gun Safety
- LGBTQ+
- Abortion Action and Reproductive Health
- Voter Protection
- Many other areas

### **Organizations participating include:**

- AAUW Missouri
- Abortion Action MO
- Empower Missouri
- Healthy Families & Fair Wages, Jobs With Justice
- Kids Win Missouri
- League of Women Voters of Missouri
- Missouri Coalition Against Domestic and Sexual Violence
- Missouri NEA
- Missouri NOW
- MO Equity Education Partnership
- MO Voter Protection Coalition
- Moms Demand Action For Gun Sense in America
- National Council of Jewish Women
- Planned Parenthood
- PROMO
- Right to Read Coalition
- Women's Voices Raised for Social Justice

Please join us as we strive to do what Ruth Bader Ginsburg suggests: "Fight for things you care about, but do it in a way that will lead others to join you."

The Zoom link comes from Karen Francis, AAUW MO President:

Meeting ID: 811 4538 4169 Passcode: 589130

For more information, contact Karen Francis, AAUW MO president, at 314.223.4235 or <a href="mailto:karenbitzafran-cis@yahoo.com">karenbitzafran-cis@yahoo.com</a>.

## AAUW Celebrates the Talent & Voices of Women Artists

Only a third of artists represented by commercial galleries are women and women working in arts professions are paid on average 74 cents to every dollar paid to men. This is what motivates AAUW to host an annual art contest—to give women artists the attention they deserve. The winning entries will be featured in a collection of notecards mailed to AAUW members in the spring.

You can vote for ten entries beginning February 5. Preview them now at AAUW Art Contest.

anuary 28
marked the 15th
anniversary of the Lilly
Ledbetter Fair Pay Act.
Learn more about
Lilly's fight and our
continued work on the
Paycheck Fairness Act.
Look for the 2024 Equal
Pay Days (which highlight
the impact of ongoing
pay inequities) dates that
were to be released in
early January.



In August 2008, Lilly Ledbetter (left) came to St. Louis for the Missouri Women's Network's Equality Day Brunch. Several St. Louis-area AAUW members attended a dinner the evening before. KWG members Marsha (middle), Lynne (right), and Carol attended.

# AAUW METRO ST LOUIS INTERBRANCH COUNCIL (IBC)

KWG is **one of the five branches** that form the AAUW Metro St. Louis Interbranch Council, more commonly known as IBC. They meet 4 times a year, some virtually and some in person. Each branch is allowed 3 voting delegates, and historically the officers of each branch have served as those delegates.

<u>The purpose of IBC</u> is to foster cooperation among member branches and to financially support programs and projects and to open channels of communication among branches for the sharing of ideas and interests.

The next IBC meeting is at 7 p.m. on February 27, 2024, via **ZOOM.** The website is https://stlouis-ibc.aauw.net/.



# IBC ¡ADELANTE! BOOK GROUP

This group meets virtually to discuss books written from diverse perspectives.

Where: Join Zoom meeting:

https://us02web.zoom.us/j/85338959790? pwd=NFNKS01FMXh6bXpiaXh0ci80VC9rUT09

When: 1:30 pm the 4<sup>th</sup> Thursday of the month in Sep-

tember, October, January, February, March,

April, May

Contact: PattyMurrayAAUW@gmail.com

### **Upcoming selections:**

Feb 22 *Gender Queer: A Memoir,* by Maia Kobabe (240 pgs). Nancy Hutchins, facilitator

Mar 28 *The Personal Librarian* (story of Bella Da Costa Green, 1905-1945), 352 pgs; Kay Meyer, facilitator

Apr 25 *Crow Mary*, by Kathleen Grissom (368 pgs). Teri Brecht, facilitator

May 23 *Lessons in Chemistry*, by Bonnie Garmus (400 pgs). Pat Shores, facilitator.

"When we're talking about diversity, it's not a box to check. It is reality that should be deeply felt and held and valued by all of us."

- Ava Duvernay, filmmaker and culture-shifter

### **Metro St. Louis Branch Programs**

Ballwin-Chesterfield Branch—Feb 8—Unconscious Bias and Microagression: How to Handle in Real Time, presented by Ellen Irons, AAUW MO and AAUW St. Louis boards. The program will assist women to identify the small and not-so-small microaggression attacks they receive regularly and to respond in real time. Ballwin Golf Course Events Center, 333 Holloway Rd, Ballwin. Business meeting at 9:30 am, program and 10:30 am.

**Ferguson-Florissant Branch**—Contact <u>Patty Murray</u> for meeting information, 314-838-7887.

**Saint Charles Branch**—Feb 1, 1:00 pm—Don Crozier on the League of Women Voters, First United Methodist Church, 801 First Capitol Dr, St. Charles.

**St. Louis Branch**—Contact <u>Ellen Irons</u> for meeting information, 314-727-9918.



### YOU'RE INVITED!

The Ballwin-Chesterfield Branch has invited us to join their Expressions group. Expressions is a quasi-craft group that meets on the 1st Tuesday of each month, 1-3 pm.

Surprise a dear lady friend with a handmade *Galentine* card in Expressions Group on Tuesday, **February 6th** at Holy Cross Lutheran Church, **13014 Olive Blvd**, Creve Coeur.

**Lunch Bunch** (bring your own lunch and drink) meets at **12:30 pm**. We'll play some Galentine-themed games after we eat. <u>Can't make it for lunch</u>? Makeand-take cardmaking will begin around 1:15-ish. Cost will be \$5. <u>You must sign up</u> (email Pam Kulp, coordinator, <u>kulpp10@gmail.com</u>, or call 636-219-2969). We don't want to run out of supplies! See you there!

New Directions to Entrance: We will meet in the Sunday School room (Youth Room) at Holy Cross Church. Easiest access to the room: drive into and park at the back of the first parking lot of the church. There is a second set of double doors at the back entrance. The Sunday School room is around the corner and to the right from this new entrance. We hope you will come.

### **International Relations Lecture Series (IRLS)**

Ethical Society of St. Louis 9001 Clayton Road, St. Louis, MO 63117

## 10:45 am—Second Tuesday of January, February, March, and April 2024

The Tuesday Women's Association (TWA) and AAUW
Metro St. Louis Interbranch Council (IBC)
invite you to learn from experts about the most critical
issues affecting our global community. The 45-50 minute
lectures begin promptly at 10:45 am in the upper
auditorium and are followed by a question-and-answer
session. Plan to bring a lunch and stay to discuss the day's
topic further. Admission is free, but donations are gratefully accepted. Free parking is available behind the
building. In case in inclement weather, please
call 314-991-0955, ext. 224.

### Feb 13: Generative A.I., by Dr. Anshuman Singh

Some of the recent advances in artificial intelligence that can be clubbed under the term "Generative A.I." have raised new questions around ethics and safety of A.I. Safety recalls in automobiles and other consumer products are common. Today the case for safety recalls in A.I. products is more imminent than in any other sector given the scale and impact A.I. has on our society, economy, and discourse. Regulations around A.I. have not even kept pace with advances that happened in A.I. a decade ago, and now we are grappling with the impact of generative A.I.

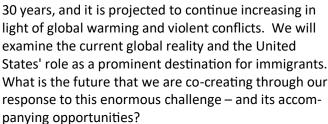
Dr. Anshuman Singh is an A.I. educator, researcher, entrepreneur, and a hacker in the traditional meaning of the term. He is the co-founder and chief academic officer at an education startup that is building an inline A.I. university. Prior to this, he was the curriculum architect at DeepLearning.AI, working with A.I. pioneer Andrew Ng, leading the development of A.I. courses that have been taken by millions of learners around the world. Dr. Singh was in academia for a decade and was an associate professor at the University of Missouri-St. Louis until 2022. Dr. Singh's specialization is at the intersection of artificial intelligence and cybersecurity. In the past, he has also worked as a research scientist on DARPA and Air Forcefunded research projects on the application of artificial intelligence. He earned his PhD in Computer Science from the University of Louisiana at Lafayette. He holds the CISSP and GPEN certifications and is a certified ethical hacker.

Committee: Judi Lohaus, Marge Andersen

# Mar 12: New Horizsons: Global Migration Trends and Implications for the US Asylum System

by Jessica Mayo, JD

International migration has steadily increased over the past



Jessica Mayo is an attorney and co-director of the Migrant and Immigrant Community Action Project in St. Louis. The MICA Project is a community organization committed to working with low-income immigrants to overcome barriers to justice. The MICA Project utilizes legal services, organizing, advocacy, and education to promote the voice and human dignity of immigrant communities.

Committee: Marsha Koch, Alison Wittenburg



### Join the Movie Group

If you would like to join in, let **Carol**, **Nancy Hutchins**, or **Becky Clausen** know so a Zoom link can be emailed to

you. Each of us watches a selected movie on <u>Netflix</u>. The movie is then discussed by the group.

#### **Upcoming movies:**

Feb 26 - Rustin (discussion leader, Nancy)

Mar 25 - Queen Bees (need a leader)

Apr 22 - Maestro (need a leader)

Never be limited by other people's limited imaginations. — Dr. Mae Jemison, first African-American female astronaut

Hate is too great a burden to bear. It injures the hater more than it injures the hated.

Coretta Scott King

I have heard over the years that when one's mind is made up, this diminishes fear.

Rosa Parks

### **LEARNING OPPORTUNITIES**

### Origins of the Racial Wealth Gap: Follow the Money



Thursday, Feb 8, 7 p.m.

In-person program at The Center of Clayton 50 Gay Ave., St. Louis, MO 63105

Doors open at 6:30 p.m., program begins 7 p.m. Program will also be available on Zoom.

### Read more and let us know you are coming

The persistence of the Black/White wealth gap has been a major driver of continuing racial inequality. Academics and policy analysts alike point to this stark disparity as the root cause of ongoing social and economic ills plaguing communities of color. Wealth determines access to stable neighborhoods, high-quality schools, adequate health care and is a major determinant of political influence and social standing. The most common means of building such wealth is through the acquisition and ownership of property amassed over generations, a means that has been historically denied to African Americans by practices and policies of both the government and private actors in the real estate industry.

**Gwen Moore**, curator of Urban Landscape and Community Identity at the <u>Missouri Historical Society</u> (and the sister of AAUW St. Louis Branch member Malaika Horne), will examine the historic origins of the racial wealth gap looking more closely at how these policies and practices have played out locally, impeding the building of Black generational wealth.

Mirowitz Center was the first organization in Missouri to be licensed to teach Senior Planet from AARP curriculum – and is the only one licensed to operate in St. Louis County!



#### "HOW TO CHOOSE A NEW COMPUTER"

Thursday, February 8 at Covenant Place 8 Millstone Campus Drive, Ste 200, 63146 12:00 - 1:00 pm (in person)

Looking for a new computer? Trainer **Daniel Landsbaum** addresses some of the most common questions surrounding how to choose a new computer: Where to start? What's a reliable brand? How much should you budget? You also will review different operating systems and compare alternatives to the traditional computer – for example, tablets and Chromebooks.

To register, <u>click here</u>, call <u>(314) 733-9813</u>, or email <u>info@mirowitzcenter.org</u>.

### "YOU NEED A SCHOOLHOUSE"

Thursday, February 22, 2:00 - 3:00 pm (online)

The book, You Need a Schoolhouse, details the story of a Jewish businessman who joined forces with a Black educator to create thousands of schools for African American children in the segregated South. Join author Stephanie Deutsch to learn more about Julius Rosenwald (president of Sears, Roebuck & Co.) and Booker T. Washington (founder of Tuskegee Institute) and their work to use education for social change and empowerment. Dorothy Canter, President of the Rosenwald Park Campaign, will introduce our guest speaker.

This program is co-sponsored by ADL Heartland, American Jewish Committee, Jewish Community Relations Council of St. Louis, National Council of Jewish Women St. Louis, St. Louis Kaplan Feldman Holocaust Museum, and The Campaign to Create the Julius Rosenwald & Rosenwald Schools National Historical Park.

To register, <u>click here</u>, call (314) 733-9813, or email info@mirowitzcenter.org.

AAUW St. Louis (MO) Branch

AAUW St. Louis is proud to have successfully submitted the name of **Victoria Clay Haley** to the Votes for Women Trail. Victoria was a black suffragist and community leader who was active in St. Louis in the early 1900s. She was a graduate of Sumner High School and president of the Federated Colored Women's Clubs of St. Louis. To celebrate this achievement, St. Louis Branch Member **Sheila Bassoppo-Moyo** has written an original play about some key moments in Victoria's life and about Sergeant Henry Johnson, the first African American to win the Croix de Guerre medal in France for acts of heroism during World War I. What happens to them in St. Louis in the early 1900s? Sheila has written TWO versions - the first one is to be performed as a script reading during Black History Month.

" The Black Suffragist and the Harlem Hellfighter"
Reader's Theater Performance, **February 16, 10:00 am**YMCA O'Fallon Park Recreation Complex, 4343 West Florissant Blvd, St. Louis, MO, 63115



### **Voting Rights Lobby Day Was a Success!**

Missourians rallied in support of voting rights and maintaining majority rule.

Missouri Voter Protection Advocates:

Missourians turned up in record numbers to the state capitol on January 30th for Missouri Voting Rights Lobby Day and made their voices seen and heard at the Capitol! They met with legislators. They packed the House Elections Committee room to testify to protect majority rule in Missouri. They advocated on behalf of our dedicated election workers; and supported restoring voting rights to those on probation and parole. Miss Lobby Day? You can watch the program here.





Pictures posted by MoVPC. AAUW MO President Karen Francis is on the right in the picture to the right.

We've got work to do to protect our Freedom to Vote! So please join our next MOVPC Meeting via Zoom on **Mon. Feb. 5, 2024, at 10am**, where we debrief Missouri Voting Rights Lobby Day and discuss the next steps in our fight in to protect our freedom to vote in Missouri. You can Register Here to join us on that call.

Thanks for all you do to protect the right to vote in Missouri. Legislative tracker: <u>Click here</u>

Denise Lieberman Missouri Voter Protection Coalition <u>denise@movpc.org</u>, (314) 780-1833, <u>www.movpc.org</u>

Last minute add, received 2-3-2004:



### Do you still cook?

Here is a recipe from our pecan supplier to give you an idea about how to use the pecan halves: **Pecan-Crusted Chicken Strips** 

2 lbs boneless, skinless chicken breasts cut into strips Salt and pepper

2 tbsp chopped fresh parsley leaves

For the honey mustard:

1/4 cup mayonnaise1/4 cup greek yogurt1/4 cup honey2 tbsp mustard

2 tbsp Dijon mustard

For the pecan crust:

1 cup pecans 1 cup panko bread crumbs

1 tbsp Italian seasoning 1/2 tsp garlic powder

½ tsp onion powder

**Preheat oven** to 375°. Line a baking sheet with parchment paper. **Make the honey mustard** by combining the mayonnaise, Greek yogurt, honey, and mustards. Split and set aside in two small bowls. **Make the pecan crust** by combining pecans, panko, Italian seasoning, garlic powder, and onion powder in a food processor until it looks like crumbs. Set aside in a medium bowl.

Season the chicken with salt and pepper. Dip the chicken into the honey mustard and then dredge through the pecan crumbs, pressing to coat. Place the chicken on the prepared baking sheet and bake for 15-20 minutes or until the chicken is cooked through. Serve immediately. Use 2nd bowl of honey mustard as a dipping sauce!

Source - http://damndelicious.net/2016/02/28/honey-mustard-chicken-fingers/

### From AAUW MO:

### One-hour training on procedures to collect signa-

**tures** will be on Zoom and is available at these times: Alice Kitchen or Sue Shineman need to be contacted to receive the zoom link.

Training dates and times:

Sunday, February 4th, 5 to 6 pm Tuesday, February 6th, 6 pm Thursday, February 8th, from 5 to 6 pm.

Please reply to:

Alice Kitchen at <a href="mailto:inthekitchenak@gmail.com">inthekitchenak@gmail.com</a>
Sue Shineman at <a href="mailto:sueshineman46@gmail.com">sueshineman46@gmail.com</a>
with the date you are available for training. Your attendance needs to be confirmed. The Zoom link will be sent to you.

You will get information on where to pick up the forms, turn them in, and get them notarized during this training. Thank YOU for your willingness to serve in this way.