

Newsletter of the

Kirkwood-Webster Groves Branch Founded April 1971 ~ Celebrating 47 Years!

2020-2021, No. 5, March 2021

"AAUW advances gender equity for women and girls through research, education, and advocacy." AAUW is open to graduates who hold the associate, baccalaureate, or higher degree from a qualified college or university.

The Kirkwood-Webster Groves Branch of AAUW supports the full range of the AAUW mission through its monthly program meetings, special interest groups, and public outreach events, by engaging in political action, collaborating with local organizations and educational institutions regarding AAUW topics, and by supporting area young women and girls directly. We are one of five branches in the St. Louis, MO, area that comprise the AAUW Metro St Louis Interbranch Council (IBC).

Branch Officers, 2020-2021

Co-President: Chris Nobbe 314-323-0053 nobbechristine@gmail.com

Co-President:

Jeanne Webdell 573-754-0943 jeannewebdell@gmail.com

Program Vice President: Kay Meyer 314-962-7487 kicmeyer51@gmail.com

Membership Vice President: Deb McWard 314-607-2908 debmcward@earthlink.net

Finance Vice President: Carol Davis McDonald 636-227-0511 davis-mcdonald@outlook.com

Secretary: Marsha Koch 314-651-0321 mkwkoch@outlook.com

K-WG: http://kwg-mo.aauw.net IBC: http://stlouis-ibc.aauw.net State: www.aauw-mo.aauw.net National: www.aauw.org Facebook: AAUWKWG

Click here to join our FB group

Reminder

Join Zoom Meeting https://us02web.zoom.us/j/89052348577? pwd=dFRIMDNadGlmMINsRzRZNkF1R1JDZz09

Meeting ID: 890 5234 8577, Passcode: 644386, By Phone: +1-312-626-6799 US (Chicago)

AAUW ST. LOUIS METRO INTERBRANCH COUNCIL (IBC) **PRESENTS**

"ZOOM TO SPRING FLING"

SATURDAY, MARCH 13 - 10:30 A.M.-12:00 NOON ATTENDING THE MEETING IS FREE. **GUESTS ARE WELCOME.**



Join your AAUW friends from throughout the St. Louis area at the "Zoom to Spring Fling" event—and you don't have to get (fully) dressed and drive someplace. The program will include speakers; and we belatedly, thanks to

Covid-19, will honor Mary Jermak, Ballwin-Chesterfield Branch (pictured at right) as the Metro St. Louis Interbranch Council Barbara Lackritz Service

tive freelance musician on both the bassoon and contrabassoon and performs reg-

Award honoree for 2020.

"Zooming to the Classroom," by presenters Jeanine York Garesche and Daniel Shavers, shares how two different teachers were able to find ways to teach music virtually, using compassion and encouragement to inspire their students. Jeanine York Garesche, a clarinetist, is known throughout the Midwest as a private instructor, chamber

music coach, and clinician. Her students have won top honors at Missouri district and state competitions and honor bands. She also serves on the faculties of the UMSL and Webster University. Daniel Shavers currently is a band director at Brittany Woods Middle School and has been teaching instrumental music in the University City School District since 2001. Daniel regularly adjudicates at events including Missouri All-State Auditions and several area concerto competitions. In addition, he has been the coordinator of the Florence Frager Young Artist Concerto Competition for the St. Louis Civic Orchestra for the past twelve years. He is an ac-

ularly with a number of ensembles in the St. Louis area.

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Jeannie says ...

We are learning how to use ZOOM for our branch and board meetings. Here are some **Tips for Meeting Attendees:**

- Mute your microphone. To help keep background noise to a minimum, make sure you mute your microphone when you are not speaking.
- ♦ <u>Be mindful of background noise</u>. When your microphone is *not* muted, avoid activities that could create additional noise, such as shuffling papers.
- Check your computer or phone to see where the eye of your camera is. Position your camera properly. If you choose to use a web camera, be sure it is in a stable position and focused at eye level, if possible. Doing so helps create a more direct sense of engagement with other participants.
- Remember, at many meetings you can chose not to use the video if you aren't dressed, etc.
- Limit distractions. You can make it easier to focus on the meeting by turning off notifications, closing or minimizing running apps, and muting your smartphone. If possible, find a place away from other people who are not participating.
- Avoid multi-tasking. You'll retain the discussion better if you refrain from replying to emails or text messages during the meeting and wait to work on that PowerPoint presentation until after the meeting ends.
- Prepare materials in advance. If you will be sharing content during the meeting, make sure you have the files and/or links ready to go before the meeting begins.

ZOOM meetings can be stressful for many reasons. Hearing is sometimes difficult, as people's sound output varies; and there may be lag time. It is more difficult to communicate because we rely so much on reading people's faces and body language. Positive feedback is harder to give or receive. And we get tired of looking at our own faces on the screen. We find that by trying to stay In front of the screen we can become stiff from reduced mobility. Research has shown that cognitive load is more stressful at a zoom meeting that in person.

For all their difficulties, Zoom meetings have allowed people to meet easily from around our area, the State of Missouri or even around the world.

ZOOM has many features to help reduce stress: Reactions, chat, raise hand, polls, and break-out rooms. We can look at these later. One thing we can do at our board meetings is have a short break about midway through.

As we learn how to be better ZOOM hosts and participants, we can learn how to use ZOOM to do even more things.

(continued from page 1)

Our fundraiser this year is a raffle for **one of six gift cards**. Celebrate Spring 2021 as a winner of an AAUW "leaf" from the "Spring Fling Tree." Six winning names will be drawn at the 2021 Zoom Spring Fling meeting on March 13. Each leaf will contain gift card(s) with a value of \$50. Tickets are available in lots of three. Fill in the form (attached) for Spring Fling indicating number of chances. Then mail the money (checks made payable to AAUW Metro St. Louis IBC) and the form to **Carol Davis McDonald**, IBC treasurer, by March 8. The drawing for the leaf winners will be held at the meeting. You need not attend the meeting to be a winner. Gift cards will be sent in the mail the following week.

Although the event is free, we are encouraging members to give donations regardless of whether or not they enter the raffle. The suggested amount is \$20 if possible, but any amount is appreciated. This is the only fundraiser for IBC this year— please be generous!

Registration is now open and the Flyer can be found at the end of this newsletter.

10:15 a.m. Check-in, Socialize, Network
10:30 a.m. Welcome and Introductions
10:45 a.m. Barb Lackritz Award – Mary Jermak
11:15 a.m. Program Speaker (to be announced)
11:45 a.m. Drawing of Six Gift Card Tree Raffle
Winners, Other Announcements

International Women's Day—March 8th



F.Y.I.

To view past AAUW webinars, go to <u>aauw.org</u>, click on the search button (the magnifying glass), type in "webinars" in the search textbox, and press the Enter key. All saved webinars will be listed with descriptions. Click on the one you want to view.

Another way to find AAUW webinars and videos, is to go the youtube.org, click on the search button, type in "AAUW" in the search textbox, and press the Enter key.

ABSENTEE BALLOTS FOR APRIL 6 GENERAL ELECTION



Absentee Ballot Applications are available on the St. Louis County Board of Election Commissioners' website for the April General Election.

Ballots may be requested for the same reasons as in the November 2020 election including: *Incapacity or* confinement due to illness or physical disability, including caring for a person who is incapacitated or confined due to illness or disability (no notary required)

The application must be received by 5:00 p.m. on March 24, 2021 at the St. Louis County Board of Elections.

The application may be submitted by

EMAIL - boecabsentee@stlouisco.com

BY FAX - 314.615.1998 OR

IN PERSON or BY MAIL to 725 Northwest Plaza Drive,

St. Ann, MO 63074

Website: https://stlouiscountymo.gov/st-louis-county-government/board-of-elections/

VOTING FOR CHANGE IN AAUW MEMBERSHIP REQUIREMENTS

Removing the Graduation Requirement

The National Board of AAUW has recommended that the graduation requirement for members be removed. They see the clash this requirement has with our values.



Their reasoning: AAUW's mission is to advance gender equity, yet the requirement for membership explicitly denies access to membership to those without college degrees. AAUW does not promote equity for all women and girls if the organization maintains exclusionary membership requirements. The membership requirement is not fair, is not right, and is not equity. This is simply the right thing to do.

Voting will begin on April 7.

KWG NOMINATING COMMITTEE REPORT

At the February meeting of the KWG Board, the following slate of officers was nominated to be next years slate of officers.



Co-presidents:

Jeanne Webdell and Marsha Koch

Program VP: Chris Nobbe

Secretary: Lynne Roney

The election takes place at the annual meeting held at the April 15th branch meeting.

Nominations may be made from the floor with the consent of the nominee.

Visionary AAUW Members Wanted!

Every spring, Missouri recognizes the AAUW Legacy Circle members from our state. It is the time to thank them for their amazing vision and make sure they have the beautiful Legacy Circle pin designed by Swarovski.

Unfortunately, the fight for gender equity will continue into the future after many of us are gone. You can be a part of the future of women and girls for generations to come. This can be done in many ways, such as putting your plans in your will or trust, leaving a set amount or a percentage of your assets to AAUW. You can make AAUW the beneficiary or partial beneficiary of your life insurance policy, an IRA account, or a retirement plan. If you are 75 years old or older, you may set up an annuity by donating stock, resulting in capital gains savings, other tax savings, and dividend checks mailed to you for the rest of your life. The AAUW staff can help you do this.

More information is available at https://www.aauw.org/resources/member/support-aauw/leave-a-legacy/. Heather Miller, AAUW director of Advancement, 202.785.7766, is ready to answer questions. Sue Barley, Legacy Circle liaison, bar-ley702@gmail.com, can tell you more. A simple enrollment form is found on the website. Think about it! Now is the time!

INTERNATIONAL RELATIONS LECTURE SERIES

Patricia Burroughs-Bishop (Kirkwood-Webster, Ballwin-Chesterfield), coordinator of the International Relations Lecture Series for 2022, announced the following lecture for March 9, 2021, which will be recorded for post-meeting viewing.



To join the meeting, use the one-click: https://zoom.us/j/3844225785. The Zoom meeting I.D. is 384 422 5785.

<u>March 9, 10:45 AM</u>: Our speaker will be **Dr. Anshuman Singh**, UMSL associate professor of Information Systems and Technology. *Artificial Intelligence*: An Ethics Perspective.

Artificial intelligence (AI) has given birth to technologies like autonomous weapon systems, face recognition surveillance cameras, and recommender systems for online shopping and entertainment. The same technologies have also been applied for developing lethal, autonomous, weapon systems; cameras for racial and ethnic profiling; and attention manipulation recommenders. This talk will explore promises and challenges of some of the most impactful AI technologies as we enter a new decade and will also provide an overview of the security and privacy implications of AI in cyberspace.

About Anshuman Singh, PhD

Dr. Anshuman Singh has been an associate professor in the Department of Information Systems and Technology at the University of Missouri-St Louis since Fall 2019. Prior to joining UMSL, he was an assistant professor and cybersecu-



rity program coordinator at the University of Central Missouri. Dr. Singh's specialization is at the intersection of cybersecurity and artificial intelligence. He teaches courses on software assurance and artificial intelligence for business at UMSL. He is currently involved in interdisciplinary research on artificial intelligence maturity in organizations. In the past, he has also worked as a research scientist on DARPA and Air Force-funded research projects on the application of artificial intelligence in cybersecurity. He earned his PhD in Computer Science from the University of Louisiana at Lafayette. He holds the CISSP and GPEN certifications.

More About The Topic: Want to learn more? Read about artificial intelligence issues: <u>A.I. Ethics on Wikipedia</u> and <u>A.I. Regulation on Wikipedia</u>.

Women's History Month

is a celebration of women's contributions to history, culture, and society and has been observed in the month of March in the United States since 1987. Read more about this annual celebration at http://www.history.com/topics/holidays/womens-history-month.

Celebrate Black History AND Women's History - A

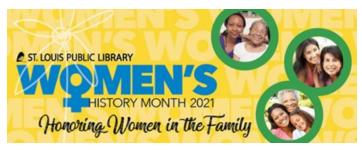
Northrop Grumman Cygnus rocket, delivering supplies to the International Space Station, was recently named the SS Katherine Johnson. It is a tradition to name each Cygnus rocket after an individual who's played a pivotal role in human spaceflight. Creola Katherine Johnson was an American mathematician whose calculations of orbital mechanics as a NASA employee were critical to the success of the first and subsequent U.S. crewed spaceflights. She is noted for breaking glass ceiling after glass ceiling as a Black woman and was one of the women portrayed in the movie Hidden Figures.

For Inspiration, Motivation and Celebration join the Women's March - this Saturday,
March 6 at 10am!!



Programs of Interest

By Ellen Irons, St. Louis Branch President and AAUW MO 19th Amendment Task Force



As the presenter for this program, I wanted to send this program link to everyone as a chance for folks to experience a good introduction to negotiations skills with a lead into Work Smart.

The idea is that negotiating is a LIFE SKILL and that we all need to learn to negotiate whether we are still in the job market or not.

There will be handouts about the gender pay gap, and we will discuss and promote Work Smart. A blurb of the program is below, and I have attached the overview of what will be covered. This is NOT a Work Smart program, but it is similar to what I delivered at a break-out session during the AAUW May 2019 State Leadership Conference in Columbia.

Earn What You Deserve: Navigating the Gender Pay Gap

Saturday, March 20, 2021 1:00 PM – 2:30 PM Online event

In many families, women are often the main breadwinners, yet their pay doesn't reflect the important contribution they make in the workplace. Women, on average, make almost 20% less than men and even less for minority women. Take action to close the gap faster!

Ellen Irons, president of AAUW St. Louis Branch (American Association of University Women), will provide key information on the gender pay gap issue and involve participants in negotiation skill exercises. The event is free. Handouts will be provided via email. Click here to register: https://slpl.bibliocommons.com/events/5fd923828a984025003e86c9

We will involve participants in negotiation skills exercises and talk about ways we can all work to take action to close the gap faster!

Four-Part Series via Zoom on Race in Our Region

It began February 10, 2010. The next session is March 10. It has great sponsors.



Sent by Marsha Koch:

In "Groundbreakers, Rule-breakers & Rebels," first-time author **Katie J. Moon** tells the stories of 50 female pioneers with ties to St. Louis, from early suffragist Virginia Minor, to cookbook author Irma Rombauer, stunt pilot Marie Meyer, civil rights lawyer Margaret Bush Wilson, and renowned activist poet Maya Angelou. Illustrated by St. Louis artist **Rori!** and published to coincide with the Missouri History Museum's special exhibit Beyond the Ballot: St. Louis and Suffrage, "Groundbreakers" reveals how generations of fearless women changed their city and the world.

Presented in partnership by the St. Louis County Library, HEC Media and the Missouri Historical Society. This one looked interesting. https://hecmedia.org/posts/groundbreakers-rule-breakers-rebels-50-unstoppable-st-louis-women

WOMEN'S VOICES RAISED FOR SOCIAL JUSTICE

What Would You Do with \$250,000⁺? Diversity, the Gender Pay Gap, and You

Thursday, March 11, 7 p.m.
Virtual Program
Registration is required; please register here!

The gender pay gap and wealth gap is more than just numbers- it's an important symbol of inequality and has significant impact on women throughout their lifetime. On an average, women in America are paid 82 cents for every dollar paid to men. The gap is even more significant for women of color! Women's retirement is only 70% of men's suggesting the pay gap affects women's economic security now and long term. According to the Institute for Women's Policy Research's Status of women in the States, "a typical woman loses hundreds of thousands of dollars over her lifetime due to the wage gap." When economic disparity, wealth income, and wealth inequality are evaluated, the impact and its consequences on women, their families, and our economy are staggering! Our presenters will provide the research, consequences, and possible solutions to solving this critical issue.

Speakers:

- Ana Hernández Kent, PhD, Senior Researcher, Federal Reserve Bank of St. Louis
- ♦ Robin Lucas, Grassroots Advocacy Manager at the American Association of University Women (AAUW)

WHAT THE OTHER (IBC) BRANCHES ARE DOING

Ballwin-Chesterfield Branch:

Branch members are excited to honor their own Mary Jermak, honoree for the Barbara Lackritz AAUW Service Award at Spring Fling. Their monthly Zoom meeting is on Thursday, March 11th. The program begins at 10:30 and features Lannis Hall, MD, director of radiation oncology at the Siteman Research Center, Barnes-Jewish St. Peters Hospital. She will discuss Covid-19 and its impact on cancer health disparities. With the help of other dedicated community members, Dr. Hall is working to dispel common cancer myths and educate communities on cancer risk and prevention — and ultimately change and save lives.

Ferguson-Florissant Branch:

March is the branch's annual business meeting (via Zoom). In addition, Pat Shores, AAUWMO board member who is working on the strategic planning and also with public policy, will give an update on state payequity legislation.

St. Louis Branch:

The branch is meeting to work on a project with the Girl Scouts. Their next movie is *Penguin Bloom*. Three guests and a new member attended their February 21 branch meeting.

CALENDAR

<u>2021</u>	
Mar	Women's History Month
Mar 3	Deadline to vote in AAUW art contest
Mar 6	St. Louis Women's Virtual march
Mar 8	International Women's Day; Women's Foundation webinar
Mar 9	International Relations lecture, Artificial
IVIAI 3	Intelligence & Data/Ethics & Regulation
Mar 10	The Great Divide: Race in Our Region -
IVIAI 10	Economic Equity
Mar 11	Women's Voices Raised for Social Justice -
	Diversity, the Gender Pay Gap, and You
Mar 13	IBC Spring Fling, 10:30 - 12:00
Mar 20	St. Louis County Public Library virtual class
	on Navigating the Gender Gap by Ellen
	Irons (AAUW St. Louis)
Mar 24	KWG board Zoom meeting, 1-3 pm:
	Deadline for absentee application
Apr 3	AAUW MO board meeting
Apr 6	St. Louis County election
Apr 13	International Relations lecture, Historical
	Heritage & Racist Art, 10:45 am
Apr 15	KWG Branch meeting
Apr 28	KWG board Zoom meeting, 1-3 pm
May 1	AAUW MO annual state meeting
May 20	Branch STEM Award program
May 26	Branch board Zoom meeting, 1-3 pm

AAUW's Commitment to Inclusion & Equity

By Nancy Hutchins, AAUW MO, Chair, I & E Committee

AAUW puts forth a bold future vision with the AAUW Strategic Plan 2.0. The AAUW strategic plan (2018) provided the foundation and vision to advance gender equity for women and



girls. These align with the enormous social, political, and organizational changes seen in the past two years. The AAUW Inclusion & Equity Committee—made up of member leaders dedicated to AAUW's mission, vision and values—launched the Diversity, Equity & Inclusion Toolkit (DEI) this fall.

The tool kit is divided into five sections:

- 1. Our Commitment
- 2. Getting Started with Difficult Conversations
- 3. Key Terms and Concepts
- 4. Dimensions of Diversity and Identity
- 5. What's Next

Each section provides resources from a reading list, websites, and videos to offer suggestions for students and the workplace. DEI resources identify best practices for promoting diversity, equity, and inclusion within AAUW with guidelines for how branches, national members, student members, and individual members can demonstrate an understanding of the mission, values, goals, and strategic plan. AAUW encourages ongoing dialogue that will inspire all members to bring these values to their personal and professional interactions. The goal is to turn conversations into actionable goals and strategies for each branch.

Wherever you (or your branch) are in the journey to build cultural competence, AAUW encourages you to carefully read through this toolkit, access the resources, and have group discussions to explore the content thoughtfully and respectfully. AAUW MO's active Inclusion and Equity Committee welcomes your participation.

Exclusion is always dangerous.

Inclusion is the only safety if we are to have a peaceful world.

—Pearl S. Buck

Celebrate International Women's Day at a free webinar

Food for Feminine Hygiene: It Doesn't Have to Be a Choice

March 8 — 7 p.m.

Hosted by: Women's Foundation of Greater St. Louis

In 2019, we hosted a Seeking Solutions Symposium on the struggle many women in the St. Louis region face affording period products, also known as period poverty. Now, let's talk about the policy solutions! Join us as we discuss the Missouri state proposed legislation that aims to reduce this barrier facing women and families.

Our panel of policy-makers and experts includes:

- MO Rep. Rasheen Aldridge, sponsor of HB 406
- MO Rep. **Ingrid Burnett**, sponsor of HB 225
- MO Rep. Jo Doll, sponsor of HB 699
- MO Rep. Barbara Phifer, sponsor of HB 899
- Director of Outreach and Community Engagement,
- **Charlin Hughes**, St. Louis Area Diaper Bank/St. Louis Alliance for Period Supplies

Period poverty impacts women across the world. There are actions we can take here in our state to ensure women and girls always have access to the basic necessities of life.

Learn more about the bills about this that are being proposed now in the Missouri Legislature:

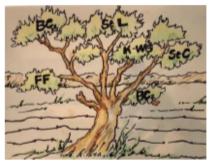
<u>HB 406</u>: Beginning October 1, 2021, this bill reduces the state sales and use tax rate on retail sales of feminine hygiene products and diapers to equal the reduced state sales tax rate imposed on the retail sale of food.

HB 225: Beginning on July 1, 2022, this bill requires every public school and charter school to provide period products in the restrooms for all middle school, junior high, and high school buildings in which there are students in grades six through 12 at no charge to the students. "Period Products" are defined as tampons and sanitary napkins for use in connection with the menstrual cycle.

<u>HB 699</u>: Beginning October 1, 2021, this bill reduces the state sales and use tax rate on retail sales of feminine hygiene products and diapers to equal the reduced state sales tax rate imposed on the retail sale of food.

<u>HB 899</u>: Beginning October 1, 2021, this bill reduces the state sales and use tax rate on retail sales of feminine hygiene products and diapers to equal the reduced state sales tax rate imposed on the retail sale of food.

Register Now



"Zoom to Spring Fling"

AAUW St. Louis Metro Interbranch Council (IBC) Saturday, March 13, 2021 10:30 am-12:00 pm

This Zoom event is free to all. Guests are welcome.

Join Zoom Meeting https://us02web.zoom.us/j/89052348577?pwd=dFRIMDNadGlmMINsRzRZNkF1R1JDZz09 Passcode: 644386 By Phone: +1-312-626-6799 US (Chicago) Meeting ID: 890 5234 8577

10:15 am - Check-in Socialize Networking

10:30 am - Welcome and Introductions

10:45 am - Barb Lackritz Award - Mary Jermak



Mary Jermak

11:15 am - "Zooming to the Classroom" Presenters Jeanine York Garesche and Daniel Shavers will share how two teachers were able to find ways to give music instruction virtually, using compassion and encouragement to inspire their students.

Jeanine York Garesche, a clarinetist, is known throughout the Midwest as a private instructor, chamber music coach and clinician. Her students have won top honors at Missouri District and State competitions and honor bands. She also serves on the faculties of the UMSL and Webster University.

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11:45 am – Drawing of Six Gift Card Tree Raffle Winners Other Announcements	
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For neip with 200m or for more i	mormation, contact: Deb McWard 314-607-2908 debmcWard@eartnink.net
	Please cut here and send form below with your check
	k payable to: AAUW Metro St. Louis IBC Mail form and check I Davis McDonald 827 Bergquist Dr. Manchester MO 63011-4215
Use address label or	
Print Name:	Branch:
Address	
E-mail (required)	Phone
I plan to attend "Zoom to	Spring Fling" and am purchasing:
3 chances for \$10	6 chances for \$20 9 chances for \$30
12 chances for \$40	15 chances for \$50 TOTAL \$
I plan to attend, will not e	nter the raffle, but will make a donation of:
I am unable to attend, but	will make a donation or purchase chances of:
All chances automatically entered	d into the drawing to win 1 of 6 gift card(s) of \$50 value. Questions on

Raffle- Contact Jean Elliott 314-606-7922 elliotts01@sbcglobal.net You do not need to attend to win.