

*"AAUW advances gender equity for women and girls through research, education, and advocacy."  
 AAUW is open to graduates who hold the associate, baccalaureate, or higher degree from a qualified college or university.*

The Kirkwood-Webster Groves Branch of AAUW supports the full range of the AAUW mission through its monthly program meetings, special interest groups, and public outreach events, by engaging in political action, collaborating with local organizations and educational institutions regarding AAUW topics, and by supporting area young women and girls directly. We are one of five branches in the St. Louis, MO, area that comprise the AAUW Metro Saint Louis Interbranch Council (IBC).

**Branch Officers, 2018-2019**

**President**

**Chris Nobbe**

**314-323-0053**

[nobbechristine@gmail.com](mailto:nobbechristine@gmail.com)

**Program Vice President**

**Marsha Koch**

**636-256-3746**

[mkwkoch@outlook.com](mailto:mkwkoch@outlook.com)

**Membership Vice President**

**Deb McWard**

**636-733-0757**

[debmcward@earthlink.net](mailto:debmcward@earthlink.net)

**Finance Vice President**

**Carol Davis McDonald**

**636-227-0511**

[davis-mcdonald@outlook.com](mailto:davis-mcdonald@outlook.com)

**Secretary**

**Lynne Roney**

**314-727-7175**

[lynneroney@sbcglobal.net](mailto:lynneroney@sbcglobal.net)

**K-WG:** <http://kwg-mo.aauw.net>

**IBC:** <http://stlouis-ibc.aauw.net>

**State:** [www.aauw-mo.aauw.net](http://www.aauw-mo.aauw.net)

**National:** [www.aauw.org](http://www.aauw.org)

**Facebook:** AAUWKWG

Click [here](#) to join our FB group

## DECEMBER HOLIDAY CELEBRATION

### Christmas Concert

Sunday, December 16

4 pm

First Presbyterian Church of Kirkwood

100 East Adams Avenue

Kirkwood, MO 63122

The Chancel Choir and Orchestra will present a service of Lessons and Carols, based on the traditional service from King's College, Cambridge, including readings, anthems, and Christmas Carols with the audience. The concert is free; however, donations may be made when leaving the concert.

Join K-WG members for dinner after the concert at

### Jefferson Grill

127 W. Jefferson Avenue

Kirkwood, MO 63122

(314) 966-2001

<http://www.jeffersongrill.com/>

Please contact Chris with your RSVP via email, text, or phone message. 314-323-0053 or [NobbeChristine@gmail.com](mailto:NobbeChristine@gmail.com),





**Message from  
President Chris Nobbe**

When you receive this newsletter, we will be well into the Holiday Season. I hope you had an enjoyable Thanksgiving with family

and friends. I love the social time between Thanksgiving and Christmas and always manage to pack my calendar full of events. AAUW began the season a little early with a *Fair Trade Shopping and More* event on November 15. Due to an early storm, the event was attended by just a few hearty members, Jeanne, Carol, Lynne, and myself, but we had a great time and actually sold quite a bit of merchandise to the people who shopped at Zee Bee Market. **We earned \$203.66!** This was a win-win because all of the merchandise in the store is fair trade.

In addition to shopping, Jennifer and Lun shared information about FORAI, an organization that provides services for immigrant and refugee women, focusing on sewing and jewelry making. Some of their products are sold at Zee Bee Market. Finally, we ended the event at Schlafly's Bottleworks for a "green" dinner - Schlafly's is a member of the Green Dining Alliance. You can eat green by checking out the [Green Dining Alliance](#) website and choosing restaurants that are using sustainable practices.

I look forward to seeing you at the AAUW Holiday Event (see front page)!



**[Department of Education Announces Extensive Title IX Rollbacks](#)**

The Department of Education [released](#) a Notice of Proposed Rulemaking that would make sweeping changes to Title IX's regulations and have significant implications for students' civil rights. Specifically, the

proposed changes would weaken Title IX's protections by narrowing the definition of sexual harassment to potentially exclude much of the abuse students experience and by limiting how schools will respond to reports of sexual harassment. In addition, the rule would put in place school processes that make it harder for students to come forward and receive the support they need when they experience sexual harassment or assault. The changes are part of a systematic effort by the administration to dismantle Title IX protections. AAUW stands with survivors and we remain committed to protecting and defending Title IX, and to pursuing its vigorous enforcement. The proposed changes are subject to a 60 day notice and comment period, and it is critical that advocates use this time to make their voices heard and stand up against any attacks on Title IX that attempt to diminish students' protections. [Add your name here to oppose the changes, and to learn more about how you can help fight back.](#)

**[AAUW Releases New Pay Equity Resources](#)**

AAUW recently released a number of new resources on the gender pay gap. The latest edition of our signature research report [The Simple Truth about the Gender Pay Gap](#) digs into the details of the gender pay gap beyond the average 80 cent earnings ratio women face, providing a detailed look at the way that women of different ages, races, occupations, and education levels experience pay gaps, as well as robust recommendations and actions policymakers, employers, and individuals can take to help close those gaps. Some of those recommendations are already being enacted — our new blog discusses [policy wins for equal pay across the country in 2018](#), including at least six new state laws designed to address the gender pay gap. And at the individual level, AAUW now has a free, online version of our Work Smart course, which teaches women how to negotiate for higher salaries and become better leaders and communicators. While you can't negotiate around discrimination, you can improve your financial future by learning these valuable skills. [Take the course yourself](#), and encourage others to do the same — with your help, we can reach the goal of our "Members Mobilize a Million" campaign by training 10 million women in salary negotiations by 2022.



### **Guests are Always Welcome**

We encourage you to bring guests to our meetings to introduce them to AAUW. If they cannot attend a meeting, ask our Membership VP Deb McWard to send them newsletters and links to AAUW websites.

### **Branch Directories**

If you missed the updated membership directory in your email inbox, contact Carol (314-623-1847 or [davis-mcdonald@outlook.com](mailto:davis-mcdonald@outlook.com)). If you need a 3-ring binder (half size), let her know. If you do NOT want a printed copy, let her know.

### **Shape the Future Membership Campaign**

New members who join at a public AAUW event, such as one of our monthly meetings, can take 50% off the cost of their first year's national dues. AAUW national dues are \$49, of which \$46 is tax deductible by the individual member; \$3 of that national dues payment is not tax deductible because it is used to support the AAUW Action Fund's Section 501(c)(4) activities (Lobby Corps and election-related activities).

### **Board Meetings**

The board will meet on Friday, December 7, from 1:00-3:30 pm at Adam's Place in the 3rd floor meeting room. All members are invited to Board Meetings.

### **Pecans**

We have pecans remaining in the cases that were ordered to fill requests made this fall (except for dark chocolate). Contact Carol to see what's available ([davis-mcdonald@outlook.com](mailto:davis-mcdonald@outlook.com) or 314-623-1847).

**Reminder:** This is our major fundraiser. Pecans are one of the easiest ways to give your recipes an added boost in flavor and nutrients. From a handful of roasted pecans added to your morning yogurt to an extra crunchy topping in your salad, it's worth keeping your freezer stocked with pecans to make easy, healthy additions to your recipes. Certified by the American Heart Association, pecans are the most antioxidant-rich tree nut and are among the top 15 foods to contain the highest antioxidant capacity. Antioxidants are powerful nutrients that slow the aging process and reduce the risk of cancer, heart disease, diabetes, and Alzheimer's. **Remember:** Pecans can be kept fresh in the freezer for up to two years so go ahead and get a whole case!

### **New K-WG Fundraiser for 2018**

We are selling Texas Roadhouse gift cards and will receive 10% of the sales. Denominations of the cards

are as low as \$5.00. Check your Christmas list and think about giving gift cards for a dinner out. And buy some for yourself. The cards have no expiration date.

### **Support Women via [Shower To The People](#)**

K-WG will continue to collect donations of **NEW**, alcohol-free hygiene products for women. Currently they are requesting deodorant, socks, and underwear. Items brought to a meeting will be delivered by Nancy Hutchins. You can also donate online at <http://www.showertothepeople.net/donate/>

### **Public Policy**

The three major focuses of AAUW MO public policy are:

- Get Out the Vote
- The Protection and Enforcement of Title IX
- Closing the Gender Pay Gap

Pat Shores and Ellen Irons, state public policy chairs, will ask each branch to plan at least one activity around each of these focus areas. Yvonne Blair, as KWG public policy chair, will lead our efforts.

### **Missouri Women's Network Legislative Retreat**

It is time to sign up for the Legislative Retreat on Saturday, January 12, in Columbia, MO. There will be presentations about our areas of concern for this year's legislative session followed by setting our legislative priorities and training on FastDemocracy by Dr. Anatolij Gelimson. FastDemocracy is a federal, state and local legislative analytics platform that aims to empower political professionals and newcomers alike to be more informed and effective while advocating for policy change. FastDemocracy can help individuals and advocacy groups remain engaged after the elections by making it easy to participate in the legislative process and hold elected officials accountable.

Make your plans now to be a part of this important gathering of Missouri women advocates who care about what is happening in our state. Submit your registration form (at the end of this newsletter) by January 4; carpools will then be formed.

### **AAUW's 2019-2021 Public Policy Priorities**

Every two years, AAUW members vote on revisions to the national Public Policy Priorities. [Now through January 11, 2019, members can comment on and indicate support for the changes recommended by the AAUW Public Policy Committee.](#) Be sure to take advantage of this opportunity to submit feedback on AAUW's 2019-2021 Public Policy Priorities!

## [Time to Make Your End-of-Year Donation to AAUW Fund](#)

The AAUW Fund is a general fund for unrestricted gifts, which are used when and where they are most needed. This prevents overfunded and underfunded areas that keep AAUW from reaching our full mission potential. By donating to the AAUW Fund, members are helping incubate and grow our highly successful, community-based, mission-driven programs, such as Tech Trek and Tech Savvy, Start Smart and Work Smart, the Legal Advocacy Fund, the National Conference for College Women Student Leaders, research, and other initiatives. Learn more by [watching this video](#) and [make a 2018 donation!](#)

## [St. Louis Metro AAUW Interbranch Council \(IBC\)](#)

IBC met on November 27 to discuss Spring Fling, Gift Wrapping at Barnes and Noble, and NCCWSL. The fundraising theme for this year's Spring Fling is "Treasure Chest." We will be filling two+ treasure chests with member-donated gently used jewelry and scarves and KWG-purchased gift cards. Please search your jewelry box and accessories for jewelry and scarves you could donate to the treasure chests.

The next IBC Board Meeting will be on February 26, 2019, at 7pm at the Oak Bend Library. Please save the date!

## [Something to Keep in Mind from Deb McWard](#)

The National Conference for College Women Student Leaders (NCCWSL) is one of the premier programs of AAUW. Briefly, it is a three-day conference held in the Washington D.C. area the end of May which brings together nearly 1000 college women from all over. Our St. Louis branches by means of IBC have been enabling at least one and sometimes two students from our area AAUW colleges and universities to attend NCCWSL every year for the past 5 years. Students are nominated by their college/university reps and chosen by a selection committee made up of branch members.

There are several reasons we participate. Foremost is that it provides great leadership training for those who attend and encourages them to bring back new skills to their campuses. And it offers us an opportunity to make ourselves a presence on local campuses.

Funding comes out of the IBC budget and branch contributions. The gift-wrapping project in December also raises money. Because we work with campus programs that usually maintain bare budgets, IBC offers

a package of registration and airfare. Registration costs just under \$500. Airfare seems to increase each year, but we hope we can find fares for around \$400 or less. Then each student is given some extra money for incidentals such as bus fares and meals on the road. This year we have enough to fund one student. Last year we were able to send two. Now comes the pitch.

Because of our membership support, AAUW can maintain its mission which is why we pay our dues in good faith. But wouldn't it be fun to see some local results such as students who will come to branch meetings or our Spring Fling as they did last year and talk about their NCCWSL experience and aspirations because we *enabled* them to attend? All I'm suggesting is that when you're tired of sifting through all the requests from every single charity who has you on their mailing list, please consider donating to the NCCWSL Fund. Carol Davis McDonald (827 Bergquist Dr., 63011) keeps very good records and will accept any amount. We will be deciding by the end of the first week in February how many students we can send this year. Any money not used in one year will be carried over, so there is no real deadline. Again, this is just something to keep in mind.

## **[Get Involved with IBC!](#)**

- ¡Adelante! Diversity Book Club meets fourth Thursdays, 1:30 p.m., at the Barnes & Noble in Chesterfield Oaks Center, 1600 Clarkson Rd. Contact **Teri** for further information. No meeting in December. The book for January 24, 2019, will be *Mankiller: A Chief and Her People*, by Wilma Mankiller and Michael Wallis. Reviewer: Grace Poertner.
- Meet 'n' Eat (Downtown Lunch) Group meets at various restaurants, third Tuesdays at 11:45 am. Contact Kay for reservations. Tuesday, December 18, 11:45, 180 Grill and Bar (formerly called Frederick's Steakhouse), 12490 St Charles Rock Rd, Bridgeton, MO 63044. We will be going to J's Pitaria, 5003 Gravois Ave, 63116 (Bevo area) Tuesday, January 15, 2019 at 11:45 am.
- International Relations Lecture Series sponsored by the Ethical Society Tuesday Women's Association and AAUW Metro St. Louis Interbranch Council. The Ethical Society, 9001 Clayton Rd, 63117, lower level meeting room, second Tuesdays, January through April, 10:45 a.m., 45-50 minute lecture followed by Q & A. There is no fee, but a contribution is appreciated. Free parking is available at the rear of the



building. Attendees are invited to bring a brown-bag lunch and to stay and discuss the day's topic. In case of inclement weather, call (314) 991-0955, ext. 224. The first talk will be Tuesday January 8, 2019 at 10:30 am at the Ethical Society of St. Louis, 9001 Clayton road, 63117. The speaker will be Dr. Joyce Mushaben and the title of her talk is "A Specter Haunting Europe: Relative Deprivation and the Resurgence of Far-Right Extremism in Western Democracies"

- Meet 'n' Geek Technology Group. Developing members' knowledge of and ability to use current technology. Meets as needed.
- Gift Wrapping Fundraiser. December 17, 18, 19, and 20 at the Ladue Barnes and Noble. Funds raised are used to send students to NCCWSL. Please sign up to help as we do have open slots: <https://docs.google.com/document/d/1KNtS-aZxqMivcQas7Zr3jp-bc5lu0QiTgv8bpxNStcw/edit?usp=sharing>

### You're Invited to Ballwin-Chesterfield AAUW's Winter Fundraiser

#### ***It's a Party!***

December 13 (snow date December 14)  
 Trinity Lutheran Church  
 14088 Clayton Road at 141  
 Town and Country, MO 63017  
 10:30 Check in, socialize, and shop  
 11:30 Lunch is served  
 Noon City Voices singers perform  
 12:30 Games and drawings  
 1:00 Check out

Your reservation includes a delicious box lunch, entertainment, a chance to bid on items and gift certificates at the Let's Make a Deal tables and the opportunity to purchase home-baked items at the Elegant Edibles table and a variety of items at the Boutique. One exciting group item is a three-day getaway at a lovely home on Lake Tanycomo for 6-8 guests.

Mail your \$25 check to Jayne Kasten, 11443 Dayton Drive, St Louis, MO 63146, no later than December 1.

### Calendar

You can now access all of our calendar events digitally! Go to <https://kwg-mo.aauw.net/calendar/> to see the calendar. You can add it to your calendar by clicking on the + sign in the lower right corner.

### **December 2018 - Universal Human Rights Month**

- 7 Board Meeting, 1:00-3:30pm, Adams Place
- 16 Branch Holiday Social
- 17 Gift-wrapping at Barnes & Noble for IBC, 10am – 8pm
- 18 Gift-wrapping at Barnes & Noble for IBC, 10am – 8pm
- 18 Meet 'n Eat Lunch Group, 11:45am  
180 Grill and Bar, 12490 St. Charles Rock Road  
Bridgeton 63044 314-733-5500
- 19 Gift-wrapping at Barnes & Noble for IBC, 10am – 8pm
- 20 Gift-wrapping at Barnes & Noble for IBC, 10am – 8pm

### **January 2019 - National Slavery and Human Trafficking Prevention Month**

- 8 International Relations Lecture Series
- 12 Missouri Women's Network (MWN) Legislative Retreat - see flier on last page
- 15 Meet 'n Eat, J's Pitaria, 11:45am
- 17 Branch Meeting
- 24 Adelante Book Group 1:30 p.m., Barnes & Noble, 1600 Clarkson Rd. *Mankiller—A Chief and Her People*, by Wilma Mankiller and Michael Wallis.

### **2019 Save the Date**

February 26 - IBC Meeting  
 March 23 - IBC Spring Fling  
 April 16 - Equity Action Day at the state capitol  
 May 4 - AAUW MO annual meeting, Columbia  
 August 23 - MWN Women's Equality Day Brunch

Credit for National Months: <https://nationaldaycalendar.com/>

### **Services for Mildred "Peg" E. Sharp (Schroeder)**

Mildred "Peg" E. Sharp (nee Schroeder), age 108, of Kirkwood, Missouri, passed away peacefully in her sleep on Thursday, November 29, 2018, at 4:50 am at Bethesda Gardens in Kirkwood, MO. Peg was a founding member of our branch. Peg had an adventurous spirit, a love of knowledge, and a zeal for life that was infectious to everyone whom she met. Memorial services will be held at First Presbyterian Church in Kirkwood, times to be announced. Donations preferred to VA St. Louis Health Care System, St. Louis Fisher House, or Helping Hands for Single Moms. Arrangements by [Bopp Chapel](#).



# **AAUW – KIRKWOOD-WEBSTER GROVES BRANCH**

## **Member Form – 2018-2019**

*Welcome to Kirkwood-Webster Groves Branch! Please provide the following membership information:*

Full Name: \_\_\_\_\_ Preferred First Name for Nametag: \_\_\_\_\_

Address: \_\_\_\_\_ Birthday: \_\_\_\_\_

(Street) (City) (Zip) (mm/dd)  
Preferred phone: \_\_\_\_ Home # \_\_\_\_ Cell # \_\_\_\_ Email: \_\_\_\_\_

Preferred method for receiving branch and state newsletters: \_\_\_\_ Email \_\_\_\_ USPS

Degree	Area of Study	College/University	Year

<b>The AAUW year is July 1 – June 30. Membership paid after March 15 extends through June 30 of the following year; i.e., 2019.</b>	Association (National)	Missouri (State)	Kirkwood -Webster Groves	Total	Choose One
<b>New Member</b>	\$59*	\$10	\$15	<b>\$84</b>	
<b>New Dual Member</b> Primary Branch: _____	n/a	\$10 or n/a	\$15	<b>\$15</b>	
<b>Special 2018 Membership Campaigns</b>					
Shape-the-Future (join Mar 16-Dec 31)	\$29.50*	\$10	\$15	<b>\$54.50</b>	
Current Graduate Student	\$18.81*	\$10	\$15	<b>\$43.81</b>	
Give a Grad-a-Gift (min. 2-year Associate)	\$0	\$0	\$15	<b>\$15</b>	
<b>Undergraduate Student Affiliates</b>					
Student's school is an AAUW C/U partner member	Free online	\$3	\$6	<b>\$9</b>	
Student's school is <b>not</b> an AAUW C/U partner member	\$18.81*	\$3	\$6	<b>\$27.81</b>	
Representative at an AAUW C/U Partner Member joining branch/state	Incl in C/U Membership	\$10	\$15	<b>\$25</b>	
Current AAUW Member-at-Large joining branch/state	Incl in MAL dues	\$10	\$15	<b>\$25</b>	
*IRS regulations allow part of your dues to be deducted as a charitable contribution: \$56.00 of \$59.00; \$26.50 of \$29.50; \$16.81 of \$18.81. Suggestion: Make a note for your 2018 tax folder.					

**Want help with this form? Call K-WG Finance VP Carol Davis McDonald:  
636-227-0511**

**Mail this completed form with your check payable to AAUW to:**

**Carol Davis McDonald  
827 Bergquist Drive  
Manchester, MO 63011-4215**

**Order Form for FRESH GEORGIA PECANS**  
**a Fund-Raising Project of the AAUW Kirkwood-Webster Groves Branch**

Please Contact Your Friends, Neighbors, Co-Workers, and Relatives for Orders. Send Orders to Carol Davis McDonald, 827 Bergquist Dr. Manchester, MO 63011-4215 by **OCTOBER 20**.

**STORING PECANS** under refrigeration is the best way to retain the fresh aroma, color, and flavor of pecans. The lower the temperature, the longer the pecans will keep, although there is no critical temperature below which pecans must be held. Pecans stored in a **refrigerator** (38 to 40 degrees F) will keep for more than nine months. In the **freezer** at 0 degrees F they will remain in good condition for two years or longer. Unused pecans **may be refrozen** again and again without adverse effect on the quality or texture of the pecans.



The pecans should be delivered before the holiday baking season, depending on the growing season and weather. Please make checks payable to "AAUW K-WG Branch."

Questions? Call Carol at 636-227-0511 or e-mail [davis-mcdonald@outlook.com](mailto:davis-mcdonald@outlook.com)

- **Fancy Mammoth Halves (shelled), 1 lb** – Fantastic flavor for healthy snacking and holiday baking
- **Cinnamon Glazed Pecans, 10 oz** – crunchy Schermer pecans with a cinnamon-glazed coating and a hint of vanilla
- **Chocolate Covered Pecans, 12 oz** – smooth milk chocolate and crisp, roasted Schermer Pecans make this a perfect holiday treat
- **Caramel Pecan Clusters, 10 oz** – crisp pecan pieces, milk chocolate, and creamy caramel, individually wrapped, 16-18 pieces
- **Dark Chocolate Covered Pecans, 12 oz** – smooth dark chocolate makes this a healthy snack

Name and Phone/Email	Fancy Mammoth Halves (\$13/lb)	Cinnamon Glazed (\$11)	Chocolate Covered (\$11)	Pecan Caramel Clusters (\$11)	Dark Chocolate Covered (\$11)	Total Cost
	#__ x \$13 = \$_____	#__ x \$11 = \$_____	#__ x \$11 = \$_____	#__ x \$11 = \$_____	#__ x \$11 = \$_____	\$_____
	#__ x \$13 = \$_____	#__ x \$11 = \$_____	#__ x \$11 = \$_____	#__ x \$11 = \$_____	#__ x \$11 = \$_____	\$_____
	#__ x \$13 = \$_____	#__ x \$11 = \$_____	#__ x \$11 = \$_____	#__ x \$11 = \$_____	#__ x \$11 = \$_____	\$_____
	#__ x \$13 = \$_____	#__ x \$11 = \$_____	#__ x \$11 = \$_____	#__ x \$11 = \$_____	#__ x \$11 = \$_____	\$_____

(Continue on reverse side as needed)



# Missouri Women's Network Legislative Retreat

HOW WILL THE NATIONAL ELECTION RESULTS AFFECT  
THE LEGISLATIVE EFFORTS IN MISSOURI?

Saturday, January 12, 2019 8:30 am to 2:30 pm

*Free Event!*

Hy Vee  
405 East Nifong Blvd.  
Columbia, MO 65201

## Tentative Schedule

8:30 - 9:00	Continental Breakfast (Provided)
9:00 - 9:45	Welcome, Introductions Review of the 2018 Legislative Session
9:45 - 10:00	Break
10:00 - 12:00	Presentations, Bills and Set 2019 Legislative Priorities
12:00 - 1:00	Lunch on your own at the Hy Vee
1:00 - 2:30	Fast Democracy Training with Anatolij Gelimson

## Invite a Progressive Friend to Attend!

ORGANIZATION \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_

TELEPHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

Mail your registration by **January 4, 2019** to Pat Shores,  
938 Stone Spring Drive Eureka, MO 63025  
For info email [apatriciashores@att.net](mailto:apatriciashores@att.net)

*FOR YOUR CALENDAR: Equity Action Day,  
Jefferson City, April 16, 2019*

