



AAUW of Missouri

Kirkwood-Webster Groves Branch

RE: News

AAUW promotes equity for all women and girls, lifelong education, and positive societal change.

January 2012

Kirkwood-Webster Groves AAUW Branch Officers

2011-2012

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President

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Carol Davis McDonald
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Gloria Campion
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Branch website:
<http://www.kwgaauwmo.org>

AAUW of Missouri website:
www.aauwmo.org

AAUW website:
www.aauw.org

E-mail newsletter items by 20th of month to maramperry@hotmail.com or mail to 646 Yeddo, Webster Groves, MO 63119

Friday, January 6, 2012 Branch Meeting

Location: Selvidge Middle School, Ballwin. preceded by dinner at Massa's Italian Restaurant, Manchester Rd at New Ballwin Rd.

New Horizons in Space

5, 4,3,2,1... Blast Off to an informative and exciting January meeting! On Friday, January 6, 2012 the K-WG branch will be attending the New Horizons in Space Symposium sponsored by the Center for Creative Learning. (Member Christine Nobbe organizes this special event each year for her second graders and their families and friends.) The Symposium is a "mini-conference for space cadets" with a keynote speaker, aerospace exhibit hall, and student projects. The keynote speaker this year is NASA astronaut Lt. Colonel Robert Behnken, PhD! Lt. colonel Behnken grew up in St Ann and attended Pattonville Schools and Washington University. The event begins at 6:30 with informal viewing of student projects and jostling for the best seat to get a good look at the astronaut. Lt. Colonel Behnken will speak from 7-7:45 PM. The Exhibit Hall will be open until 9 with opportunities to meet Lowell Grissom (Gus's brother), view authentic Moon rocks, and interact with a variety of aerospace experts! Definitely an out-of-this-world event!

Dinner before the event will be held at Massa's at 5 PM. New Horizons in Space Symposium is being held at Selvidge Middle School, 235 New Ballwin Road, Ballwin MO 63021. Massa's is on the south side of Manchester just west of New Ballwin Road. Additional parking will be at Holy Infant School, across the street for Selvidge. If you plan on coming to dinner leave a message for Kay Meyer 314-962-7487 or email kicmeyer@yahoo.com.

KWG PRESIDENT'S THOUGHTS FROM KAY MEYER

This is from an e-mail that has been circulating that had a very nice message.

"They Teach It at Stanford"

I just finished taking an evening class at Stanford. The last lecture was on the mind-body connection - the relationship between stress and disease. The speaker (head of psychiatry at Stanford) said, among other things, that one of the best things that a man could do for his health is to be married to a woman whereas for a woman, one of the best things she could do for her health was to nurture her relationships with her girlfriends. At first everyone laughed, but he was serious.

Women connect with each other differently and provide support systems that help each other to deal with stress and difficult life experiences. Physically this quality - girlfriend time" helps us to create more serotonin - a neurotransmitter that helps combat depression and can create a general feeling of well being. Women share feelings whereas men often form relationships around activities. They rarely sit down with a buddy and talk about how they feel about certain things or how their personal lives are going. Jobs? Yes. Sports? Yes. Cars? Yes. Fishing, hunting, golf? Yes. But their feelings? Rarely.

Women do it all of the time. We share from our souls with our sisters/mothers, and evidently that is very good for our health. He said that spending time with a friend is just as important to our general health as jogging or working out at a gym.

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There's a tendency to think that when we are "exercising" we are doing something good for our bodies, but when we are hanging out with friends, we are wasting our time and should be more productively engaged - not true. In fact, he said that failure to create and maintain quality personal relationships with other humans is as dangerous to our physical health as smoking!

So every time you hang out to schmooze with a gal pal, just pat yourself on the back and congratulate yourself for doing something good for your health! We are indeed very, very lucky. Sooooo, let's toast to our friendship with our girlfriends. Evidently it's very good for our health."

MEMBER NEWS:

Diane Ludwig retired as of 12-24-2011, and she has moved to a condo that she purchased in Fulton (her hometown) last spring. Her new address is 504 Church Street, Fulton, MO 65251, home phone 573-642-4664, cell phone 314-307-3606, e-mail address dbludwig22@aol.com. She will be making trips back to St. Louis for contract jobs, events like the Spring Fling, and to keep tabs on her house, which she is hoping to rent to kind, caring, and property-respectful people. Congratulations, Diane!!

Barbara Broadfoot from the St. Charles Branch of AAUW branch passed away Dec. 9, 2011 from lung cancer. Barbara served three terms as St. Charles President and also served on the AAUW IBC council. She attended many of the Missouri AAUW conventions and helped with arrangements and programs for the IBC Spring Fling. Barbara will be missed.

It's official - Margie Zimmerman who had knee surgery came home from hospital in-house rehab. Her recovery has been going just great - she switched from a walker to a single cane two days ago, and was authorized to get out of bed by herself and walk around her room without a walker. Please keep her in your thoughts as she recovers.

Welcome to new member Gene Hutchins, husband of Nancy Hutchins, our public policy chair. Gene received an A.A.S. in Information Technology from St. Louis Community College, a B.S.B.A. in Accounting from UM-SL, and a M.Fn. in Finance from St. Louis University. Gene is retired, and his interests are economics, political elections, and literature. Contact information: 9447 Radio Drive, St. Louis, MO 63123, 314-631-1982 and genehutchins@gmail.com.

HAPPY BIRTHDAY

Jan. 1, 2012 Phyllis Foster

2011-2012 KWG PROGRAMS

January 6 - Selvidge Middle School, Ballwin. Program: "New Horizons in Space," preceded by dinner at Massa's Italian Restaurant, Manchester Rd at New Ballwin Rd. (This is a Friday.)

February 9 - Oak Bend Branch Library. Rep. Stacey Newman (District 73) will update us about important legislation in Jefferson City.

March 24 - Norwood Hills Country Club, Metro St. Louis Interbranch Council Spring Fling luncheon, program, awards, fundraiser.

April 12 - Oak Bend Branch Library. Annual business meeting. Program: Judith Parker, MO Alliance for Retired Americans, on the Healthcare Act. (She has read the entire document.)

May 10 - Sunset 44, KWG Awards Banquet

LAF CASE UPDATE

In the last fiscal year, LAF disbursed over \$90,000 for case support. In September the AAUW board approved \$30,000 to be distributed to seven current cases in the first round of funding for 2012. Some of the details of the 7 cases are as follows:

Mansouri v. University of California The Arezou Mansourian and other plaintiffs are former of the University of California, Davis, wrestling team who filed suit under Title IX when the school disbanded their team in 2001. In May 2011 the case went to trial on its merits in federal court. In early August a US district court delivered a mixed decision. The court found UC Davis failed to comply with Title IX overall during the time that the plaintiffs were students. The court also ruled that the university did not discriminate specifically against the wrestlers. AAUW is pleased that the decision requires UC Davis to improve equity for women athletes but disappointed that the wrestlers received nothing. Both sides have filed appeals. To find out more on the other 6 cases on line at www.aauw.org.

PEABODY TOUR

We have received more information on the Peabody Opera House tour that is being planned by the Creve Coeur Branch. It has been set for January 30th at 10:30 a.m. The cost will be \$8. Reservations and money must be paid to the Opera House by mid-January. More information to follow as it becomes available. Please contact Lois Scoville for an address to send reservations: 314-434-8381 or ville1@mindspring.com.

AAUW ADELANTE! BOOK GROUP

Starting in January, the book group will meet at the Barnes & Noble, Chesterfield Oaks shopping center, 1600 Clarkson Rd (no meeting in November or December). Please check with chair Teri Brecht, tebrecht@yahoo.com, or Lynne Roney, lynnroney@sbcglobal.net or 314-727-7175, if you have any questions. Adelante meets at 1:30 p.m. the fourth Thursday of the month. AAUW members from all St. Louis area branches are welcome. Upcoming selections are:

January 26, 2012 - Reviewer: Teri Brecht - *Secret Daughter*, by Shilpi Somaya Gowda. On the eve of the monsoons in a remote Indian Village, Kavita gives birth to a baby girl. In a culture that favors sons, the only way for Kavita to save her daughter's life is to give her away. Halfway around the globe, Somer, an American doctor, decides to adopt the child after learning that she will never have one of her own. (Submitted by Nann Blaine Hilyard, AAUW Waukegan Area (IL) Branch)

February 23, 2012 - Reviewer: Julie Triplett - *Wench*, by Dolen Perkins-Valdez. Situated in Ohio, a free territory, before the Civil War, Tawawa House is in an idyllic retreat for Southern white men who vacation there every summer with their enslaved black mistresses. It's their open secret. Lizzie, Reenie, and Sweet are regulars at the resort, building strong friendships over the years; but when Mawu, as fearless as she is assured, comes along and starts talking of running away, things change. To run is to leave everything behind, and for some it also means escaping from the emotional and psychological bonds that bind them to their masters. When a fire on the resort sets off a string of tragedies, the women of Tawawa House soon learn that triumph and dehumanization are inseparable and that love exists even in the most inhuman, brutal of circumstances, all while they bear witness to the end of an era.

March 22, 2012 - Reviewer: Lynne Roney - *Extraordinary, Ordinary People: A Memoir of Family*, by Condoleezza Rice.

April 26, 2012 - Reviewer: Jayne Kasten or (Grace Poertner) - *Handle with Care*, by Jodi Picoult.

May 24, 2012 - Reviewer: Lorna Anderson - *Gardens of Water*, by Alan Drew.

EVENING BOOK GROUP

KWG AAUW Evening Book Group Reading List for 2011-2012

The Kirkwood Webster Groves AAUW Evening Book Group meets the 3rd Monday of each month at 7:00 pm at the St. Louis Bread Company in the Greentree Shopping Center located at the corner of Woodbine and Manchester Road unless otherwise indicated. You are welcome to come at 6:30 and enjoy dinner before the meeting starts. Friends, family and guests are always welcome to join the group discussion. Contacts: Barbara Johnson 314-962-3501 or Kay Meyer 314-962-7487 kicmeyer@yahoo.com

January 16, 2012 The Story of the Beautiful Girl by Rachel Simon Meet at St. Louis Bread Company 7pm

February 20, 2012 Major Pettigrew's Last Stand by Helen Simonson Meet at St. Louis Bread Company

March 19, 2012 Ladies of Liberty: The Women Who Shaped Our Nation by Cokie Roberts Meet at Maurita Stueck's house 7 pm

April 16, 2012 Half The Sky: Turning Oppression Into Opportunity For Women Worldwide by Nicholas D. Kristof & Sheryl WuDunn Meet at St. Louis Bread Company

May 22, 2012 KWG Evening Book Group planning meeting at Marsha Koch's house 6:30 pm

AAUW DOWNTOWN LUNCH

Third Tuesday of the month at 11:45am

- Jan. 17 Nora's (in Dogtown)
1136 Tamm
- Feb. 21 Maya Cafe (in Maplewood)
2726 Sutton Blvd.
- Mar. 20 Guido's (on The Hill)
5046 Shaw Ave.
- Apr. 17 The Piccadilly (at Manhattan
in S. St. Louis) 7201 Piccadilly Ave.

Please call Jean Shull (314-822-7821) or jshull2@mindspring.com for reservations

Do you know a college woman? If so, let her know that May 31-June 2, University of Maryland, College Park, is the next NCCWSL conference (National Conference for College Women Student Leaders). This has proven to be a very rewarding and valuable program co-sponsored by AAUW. Noorjahan Akbar will be a Women of Distinction awardee, and Lilly Ledbetter will be the keynote speaker. NCCWSL workshop proposals are being accepted through February 10, 2012, so please spread the word to potential presenters in your networks. Visit www.nccwsl.org

AFTER HEALTH CARE REFORM, MILLIONS MORE YOUNG ADULTS NOW HAVE COVERAGE

Secretary of Health and Human Services Kathleen Sibelius announced Tuesday that the number of young adults with health insurance has increased by 2.5 million since 2010. According to an analysis by the National Center for Health Statistics, this increase in coverage was due to the provision of the health care law that allows young adults to remain on their parents' plans until the age of 26. The administration states that the number of young adults with health care coverage will continue to increase when the law is fully implemented, as it will become illegal for insurance companies to deny coverage to people with preexisting conditions.

AAUW believes that, although not perfect by any stretch, many of the reforms included in the 2010 health care law will improve the collective health of the American people. It is our hope that the elimination of preexisting conditions and gender rating in the individual and small groups markets will result in better outcomes for more women. Unfortunately, many women will find that they have less coverage for full reproductive services due to far-reaching limitations in the new law. AAUW will continue to work to restore full access to all health care for women.

PRESIDENT OBAMA'S TOP LAWYERS ALL WOMEN

For the first time in history, the president's top legal team is entirely composed of women. White House Counsel Kathryn Ruemmler is the top lawyer for the Barack Obama administration, and Avril Haines, Leslie Kiernan, and Kimberly Harris hold the preeminent positions in the White House Counsel's Office concerning national security law, ethics compliance, and legal defense, respectively. Women have held critical legal roles in past administrations, but Obama is the first president to rely substantially on women's legal expertise.

CHARTER SCHOOL EDUCATION NO GUARANTEE OF GREATER ACADEMIC SUCCESS

A national study on charter schools revealed that middle school students' test scores in reading, mathematics, science, and social studies were not significantly better than those of students in regular public schools. Mathematica Policy Research and the Center on Reinventing Public Education at the University of Washington Bothell conducted the three-and-a-half-year study on the effectiveness of networks that operate charter schools. The research showed that being run by a charter-management organization is not a predictor of an individual school's or student's success. AAUW supports innovative educational methods that promote a strong system of public education that advocates gender fairness, equity, and diversity. While charter schools can provide an opportunity for such innovation, AAUW believes that the flexibility granted to charter schools must still come with clear responsibilities; all publicly funded schools must be accountable to the public for academic achievement, health and safety standards, and the civil rights of all students

AAUW AT THE WHITE HOUSE

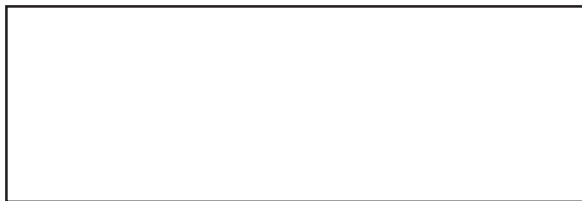
The White House recognized 12 community heroes last week, including Tamara Brown, AAUW member and former president of the AAUW Buffalo (NY) Branch. Brown, founder of Buffalo's Tech Savvy program, was honored for her work to engage women and girls in science, technology, engineering, and mathematics. AAUW staff joined Brown at the ceremony.

AAUW Director of Public Policy and Government Relations Lisa Maatz and AAUW Action Fund Capitol Hill Lobby Corps member Penny Wakefield attended the White House Briefing on Women in the Economy on November 18. Secretary of Labor Hilda Solis, Valerie Jarrett, Tina Tchen, and other experts discussed trends and opportunities for women in the workforce. AAUW advocates for all women to achieve economic self-sufficiency.

Esther Ngumbi, a 2007–08 AAUW International Fellow, was invited to the White House Community Leaders Briefing Program as part of the ONE Campaign. Want to find out about other alumnae? Check out the Fall 2011 issue of the AAUW Alumnae Exchange newsletter.

UPCOMING DATES: Put these on your calendar and make plans to attend!

- January 6: Branch Meeting - Selvedge Middle School, Ballwin. Program:"New Horizons in Space."
Dinner before at Massa's Italian Restaurant, Manchester at New Ballwin Rd
- January 6-7: Women's Issues Legislative Retreat, Rickman Center, Jefferson City
- January 9: KWG board meeting, 7:00 p.m., Jean Shull's
- January 12: International Relations Lecture Series, 10:45 a.m., Ethical Society, lower level. Program:
"Cyber Space and its Impact on Individuals and the World"
- January 16: Evening Book Group, 7:00 p.m., St. Louis Bread Co., Kirkwood
- January 17: Downtown Lunch Group, 11:45 a.m.
- January 26: Adelante Book Group, 1:30 p.m., Chesterfield Oaks Shopping Center, Secret Daughter, by
Shilpi Somay Gowda
- January 28: State board meeting, Columbia, MO
- February 9: Branch Meeting - Oak Bend Library - Rep. Stacey Newman
- February 12: International Relations Lecture Series, 10:45 a.m., Ethical Society, lower level. Program:
"Arab Spring- contributing factors/ possible outcomes"
- February 20: Evening Book Group - St. Louis Bread Co., Manchester at Woodlawn, 7:00 p.m.
- February 21: Downtown Lunch Group, 11:45 a.m.
- February 23: Adelante Book Group, 1:30 p.m., Chesterfield Oaks Shopping Center, Wench, by Dolen
Perkins-Valdez
- February 28: AAUW Metro St. Louis Interbranch Council Meeting, Thornhill Branch Library, 7 p.m.
- March 12: International Relations Lecture Series, 10:45 a.m., Ethical Society, lower level. Program:
"Privatization of Space"
- March 19: Evening Book Group - St. Louis Bread Co., Manchester at Woodlawn, 7:00 p.m.
- March 20: Downtown Lunch Group, 11:45 a.m.
- March 22: Adelante Book Group, 1:30 p.m., Chesterfield Oaks Shopping Center, Handle with Care
- March 24: AAUW Metro St. Louis IBC Spring Fling, Norwood Hills Country Club, 11:30 a.m.
- April 10: International Relations Lecture Series, 10:45 a.m., Ethical Society, lower level. Program:
"European Immigration - Impact on Societal and Political Issues"
- April 12: Branch Meeting - Oak Bend Branch Library, 6:30 p.m. Business meeting and Judith
Parker on the Patient Protection and Affordable Care Act
- April 16: Evening Book Group - St. Louis Bread Co., Manchester at Woodlawn, 7:00 p.m.
- April 17: Downtown Lunch Group, 11:45 a.m.
- April 26: Adelante Book Group, 1:30 p.m., Chesterfield Oaks Shopping Center
- May 4-5 State board meeting and annual member conference, Marriott Courtyard, Columbia
- May 10 Annual May banquet and awards evening at Sunset 44 in Kirkwood
- May 31-June 2 2012 National Conference for College Women Student Leaders (NCCWSL), U MD, College
Park
- June 8-9 Five-States Conference, Embassy Suites, Oklahoma City, OK, with Linda Hallman,
AAUW executive director; Patricia Ho, national vice president; Dr. Catherine Hill, AAUW
research director; Turkish coffee ceremony, optional river cruise, and film showing of Miss
Representation



Promoting education and equity for women and girls

MARA PERRY
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AMERICAN
ASSOCIATION OF
UNIVERSITY
WOMEN
JANUARY 2012 RE:NEWS



AAUW St. Louis Interbranch Council
2012 IBC Spring Fling

Saturday, March 24, 2012
11:30 AM - 2:15 PM

LOCATION

Norwood Hills Country Club

(I-70 and Lucas & Hunt Road, one mile north on west side of street.
Near UMSL in North County 314-521-0682). Ample free parking.

PROGRAM

The History of Undergarments

Beverly Schuetz

Be amazed and amused by this in-depth look at how undergarments reflect the times and shape our lives. Beverly gives a lively and entertaining spin to this seldom discussed topic!

Cost: \$25.00 each; Guests welcome

AGENDA

11:30 AM Registration, Ticket Raffle, Tour Sign-up, Social Time, Cash Bar
12:15 PM Welcome, Luncheon and Awards Presentations

FUNDRAISER

Ticket Raffle - Amazing Accessories for Unique Women (AAUW)
See the treasures presented by each branch; buy lots of tickets, place tickets in basket by item(s) you want; drawings will determine winners! Donation: \$2 each, 3/\$5
Tour Sign-up - Old Stone Meeting House (built 1834; old Des Peres Presbyterian Church on Geyer);
Sign up for a guided historical tour by Dr. Ronald Scott of this unique property.
Tour will take place later in the spring. Cost \$10 person

Menu: Grilled Chicken Forestiere with Steamed Mushrooms, Caesar Salad, Roasted New Potatoes, Vegetable Medley, Gold Brick Sundae, Coffee Tea, Rolls. Note: Special diets accomodated; requires one week's prior notification.

Mail the registration form with your check (payable to AAUW Metro St. Louis IBC) to:
Carol Davis McDonald, 827 Bergquist Drive, Manchester, MO 63011-4215.
Questions? Contact Carol at davis-mcdonald@juno.com or 636-227-0511.

-----Please detach, send form and check; keep top half for reference -----

2012 IBC Spring Fling Registration Form

Deadline: Tuesday, March 15, 2012

Name (please print)

Branch

Street Address

City

Zip

E-Mail

Home Phone

Cell Phone

____ Special meal(s) requested
(requires one week's notice)

____ Check enclosed for ____ persons at \$25.00 each; total \$ _____

Please list additional names on back and indicate if guest or AAUW member (identify branch).